HOW TO PREPARE YOUR CHILDREN FOR THE CHALLENGES OF LIFE BEYOND HIGH SCHOOL!

When is anxiety in adolescents a friend or foe...
Spotting behavioral and mental health issues in youth...
Overview of the challenges in transitioning from adolescence to adulthood...
Strategies to assist adolescents in navigating important life transitions...
Preparing youth for life after high school...

RAISING and LAUNCHING EMOTIONALLY HEALTHY YOUTH...
How to Prepare Your Children for the Challenges of Life Beyond High School!

INVITED AUDIENCE
Parents, Staff, and Community Members of the Dallastown Area School District

LOCATION
Dallastown Area High School – Auditorium
700 New School Lane, Dallastown, PA

PRESENTERS
- **DR. ANNE MARIE ALBANO** – Director of the Youth Anxiety Center - Columbia University Clinic for Anxiety & Related Disorders (CUCARD) and developer of the Launching Emerging Adults Program.
- **DR. LAUREN HOFFMAN** – Clinical psychologist who specializes in treating anxiety disorders among emerging adults and lead therapist for CUCARD’s Young Adult Anxiety Groups and College Readiness Groups.

QUESTIONS: Contact William Probert at the Dallastown Area High School
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